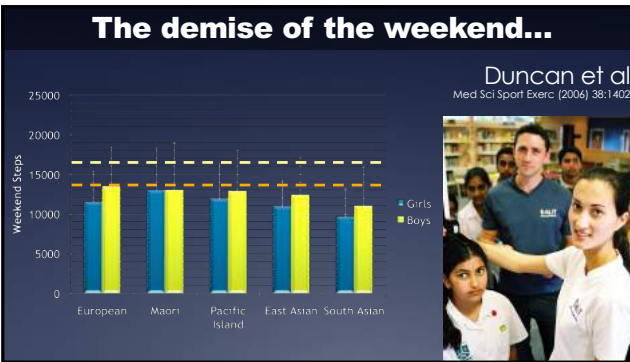
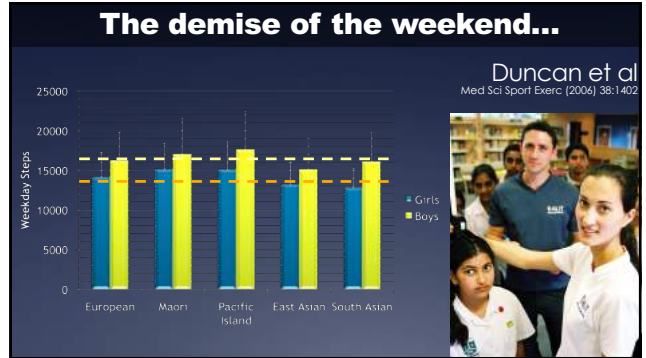


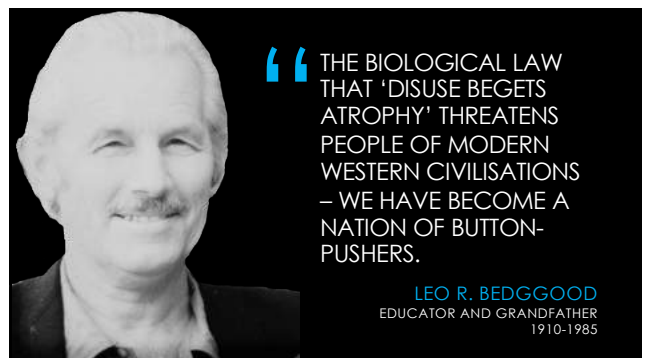
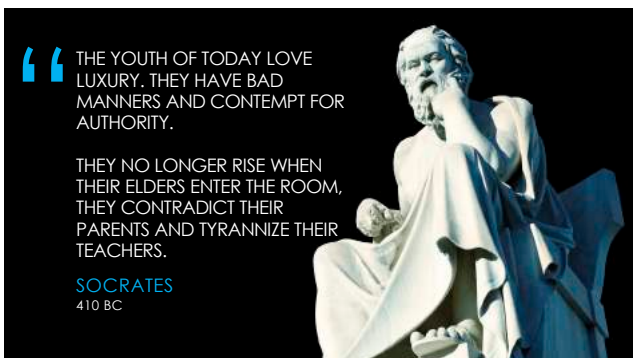
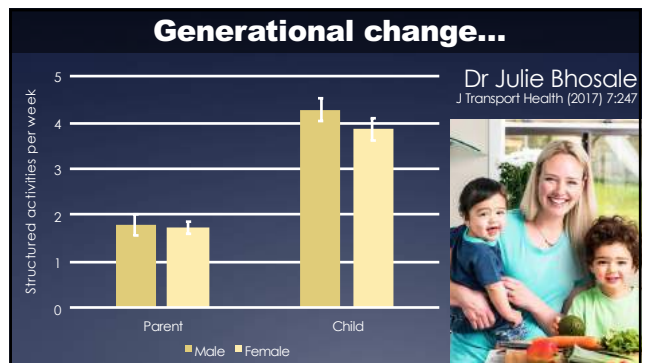
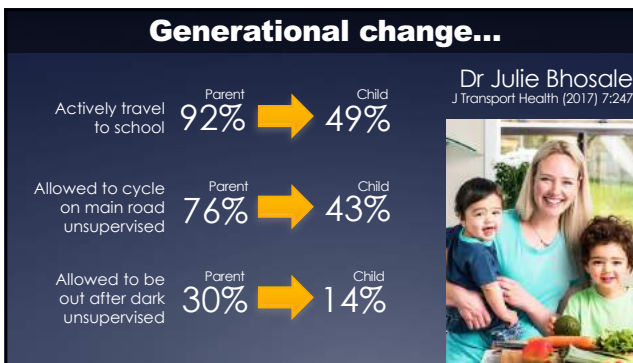
**AUT** UNIVERSITY  
 Scott Duncan  
 scott.duncan@aut.ac.nz  
 @DrScottDuncan



“ HUMAN ARE DISAPPEARING FROM THE OUTDOORS AT A RATE THAT WOULD MAKE THEM TOP ANY CONSERVATIONIST’S LIST OF ENDANGERED SPECIES.

TIM GILL  
 WRITER AND ACTIVIST





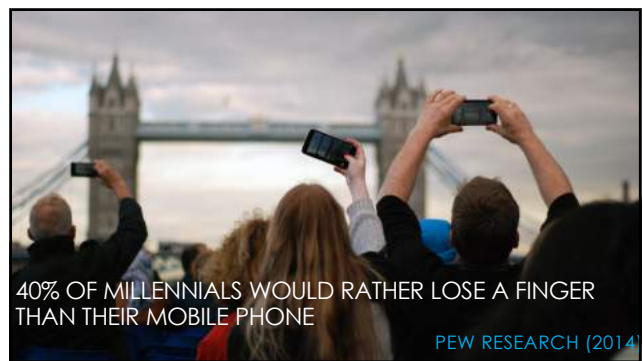


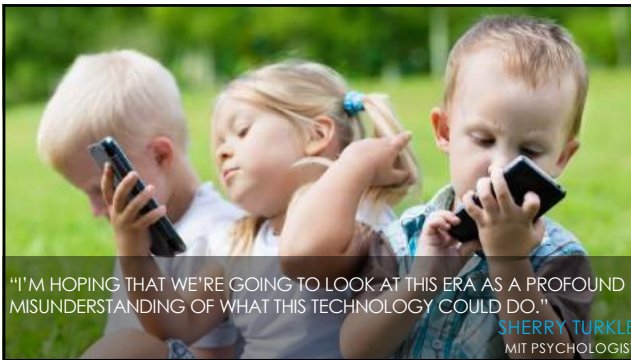
Name	Birth years	Current age
BUILDERS	EARLY 1900s – MID 1940s	OVER 73
BABY BOOMERS	MID 1940s – MID 1960s	54-73
GENERATION X	MID 1960s – EARLY 1980s	38-53
GEN Y / MILLENNIALS	EARLY 1980s – LATE 1990s	19-37
GEN Z / GEN 2020	LATE 1990s – EARLY 2010s	8-18
GENERATION ALPHA	EARLY 2010s - NOW	UNDER 8

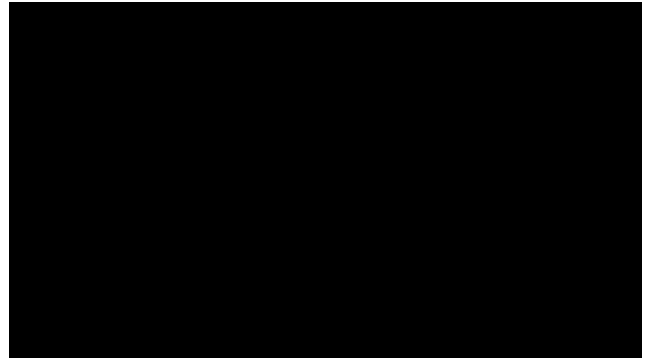
<b>Truth is absolute</b>	<b>Truth is relative</b>
<b>Baby Boomers</b>	<b>Generation Y/Z</b>

<b>Life is meant to be hard</b>	<b>Life is meant to be easy</b>
<b>Baby Boomers</b>	<b>Generation Y/Z</b>

<b>Intrinsic affirmation</b>	<b>Extrinsic affirmation</b>
<b>Baby Boomers</b>	<b>Generation Y/Z</b>







- Love it!
- Interesting, but makes me nervous
- You're dreaming...



### Primary school to let students play with fire

LAURA WALTERS  
Last updated 05:00, May 3 2015

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**'Free' Play**

Tools  
Heights




**'Free' Play**

Tools  
Heights  
Rough-and-tumble




**'Free' Play**

Tools  
Heights  
Rough-and-tumble  
Exploration



**'Free' Play**

Tools  
Heights  
Rough-and-tumble  
Exploration  
Elements



**'Free' Play**

Tools  
Heights  
Rough-and-tumble  
Exploration  
Elements  
Speed



**'Free' Play**

Tools  
Heights  
Rough-and-tumble  
Exploration  
Elements  
Speed



Sandseter & Kennair (2011) *Evolutionary Psychology*, 9(2)

**'Real' Play**

**THREES +**  
Loose, repurposed parts



**'Real' Play**

**THREES +**  
Loose, repurposed parts  
Physical challenge



**'Real' Play**

**THREES +**  
Loose, repurposed parts  
Physical challenge  
Mess!




**AUT**  
UNIVERSITY

**HUMAN POTENTIAL CENTRE**  
AN AUT UNIVERSITY RESEARCH CENTRE

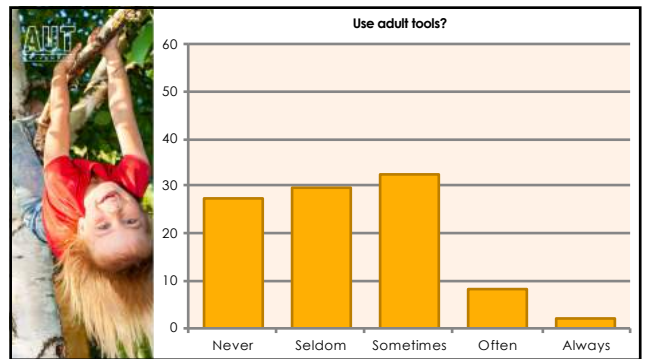
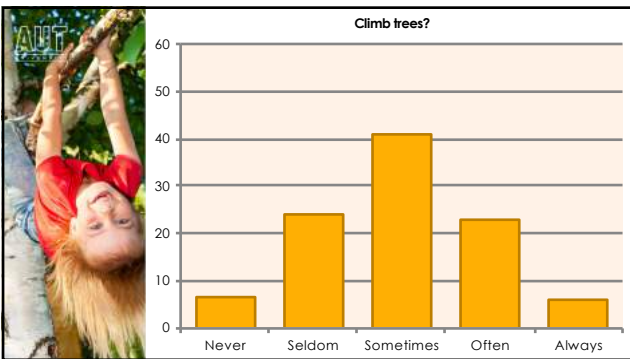
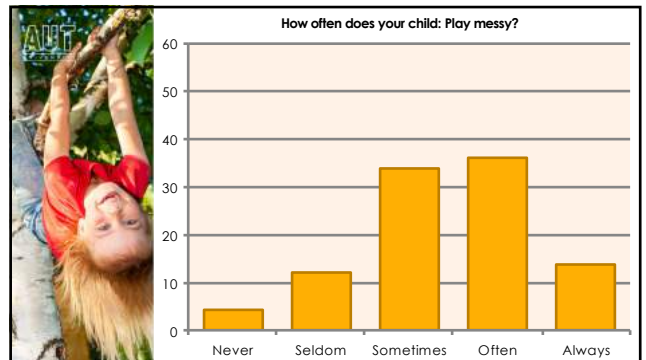
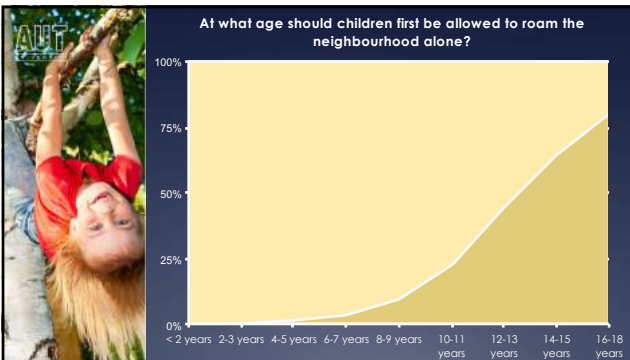
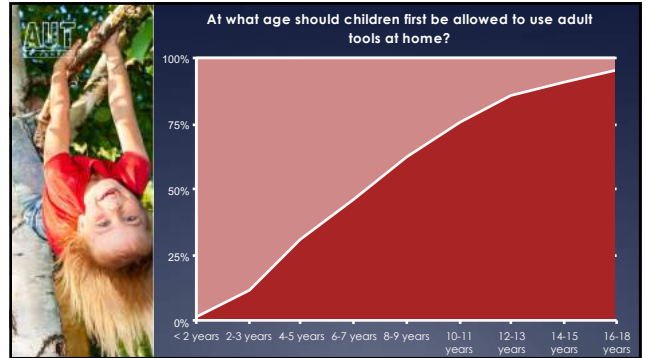
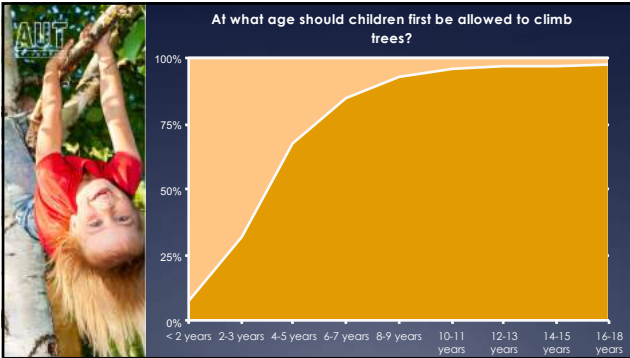


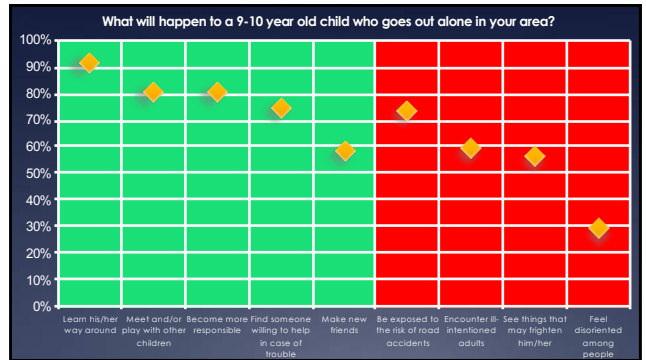
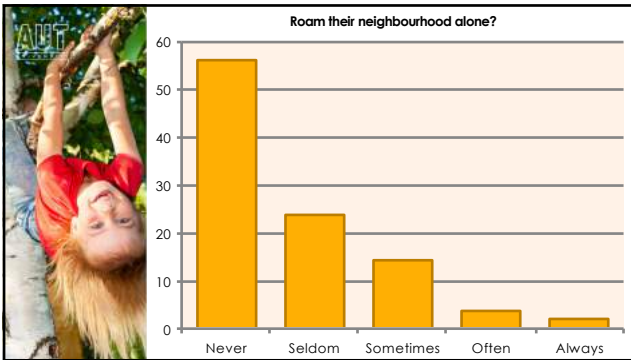

+

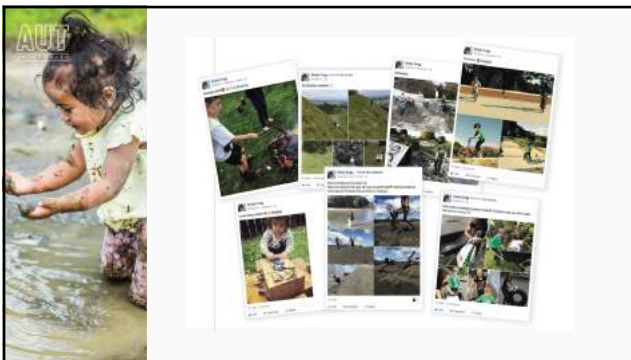
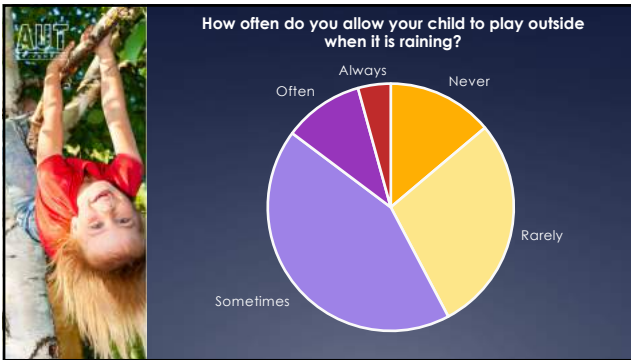



- \***60.4%** of NZ parents believe there are too many unnecessary safety rules applied to children's play these days.
- \***78.6%** of NZ parents believe that children require regular exposure to actual risk in order to develop risk management skills.
- \***66.2%** of NZ parents believe that relaxing the safety rules and introducing 'risky' play practices and equipment in schools would enhance children's development.









“The kids mentioned more than once that it was the best holidays they have ever had”

“I can’t believe they were the same kids, they were being so nice to each other”

“I have become not so stressed anymore, and not so uptight”



"I feel like I have bonded with my kids again"



How can all this information be used to make our children's lives better?

