

# 50 Mini Nature Adventures



Go for a bare foot walk	Smell a flower	Hug a tree	Count the clouds and look for shapes	Find a new seedling	Roll down a hill	Climb a hill	Have a leaf race in a stream
Go for a nature walk	Explore the sand dunes	Look for fish in a river	Search for a 4 leaf clover	Find a good walking stick	Have a float and sink challenge. Use sticks, stones, leaves, flowers	Make a bug house	Spot a birds nest
Make a mud face on a tree	Make a hut	Go mushroom hunting in a forest	Find a cicada skin	Find a butterfly hibernation tree	Make a mud kitchen	Go for walk when you can see your breath	Find different types of seaweed at the beach
Jump some waves at the beach	Climb a tree	Make a mud pie	Create some sand art	Explore a new park or reserve	Make an ice sculpture	Do some 'outdoor' baking with petals, dirt, water, whatever!	Find a leaf bigger than your hands
Find a worm in a puddle	Go puddle jumping	Plant a vegetable	Fill a bag with treasures	Make a headband out of flax, grasses or flowers	Find a fantail or a bellbird	Go on a bug hunt	Go star gazing
Pick strawberries or blueberries or both!	Harvest your vegetables	Balance on a log	Jump off something	Build a sandcastle	Create an art masterpiece with natural objects	Throw stones into a pond, lake or river	Do a scavenger hunt
Have 'pooh' stick races	Collect a pile of leaves and jump, throw and run through it	Collect acorns, chestnuts	Walk on the grass during a frost (listen to the sound)	Construct a tower using sticks or stones	Dig for treasure at the beach	Go foraging for fruit	Find some ice and see if you can break it