



Expecting the Un-Expected









The River Side
Cafe & Pool Bar













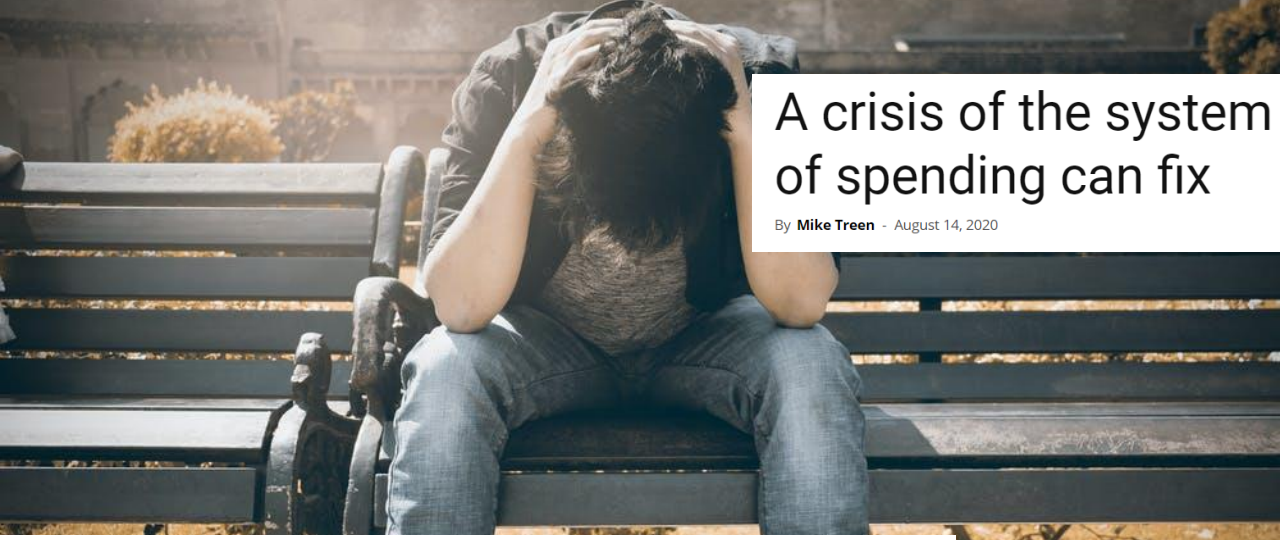
Discovered

1. Planning
2. Preparation
3. Communication
4. Gut instinct
5. There will be more

Crisis

A close-up photograph of a vintage typewriter. A sheet of white paper is inserted into the machine, and the word "Crisis" is typed on it in a black, serif font. The typewriter is dark green with a black keyboard and a silver-colored metal frame. A silver paperclip is visible on the left side of the keyboard. The background is a plain, light-colored surface.

A crisis can be defined as any unplanned event, occurrence or sequence of events that has undesirable consequence/s



A crisis of the system that no amount of spending can fix

By Mike Treen - August 14, 2020

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Pandemic Intensifies Social Crisis In New Zealand



New Zealand mental health crisis as Covid stretches a struggling system



Crisis, disintegration and hope: only urgent intervention can save New Zealand's media

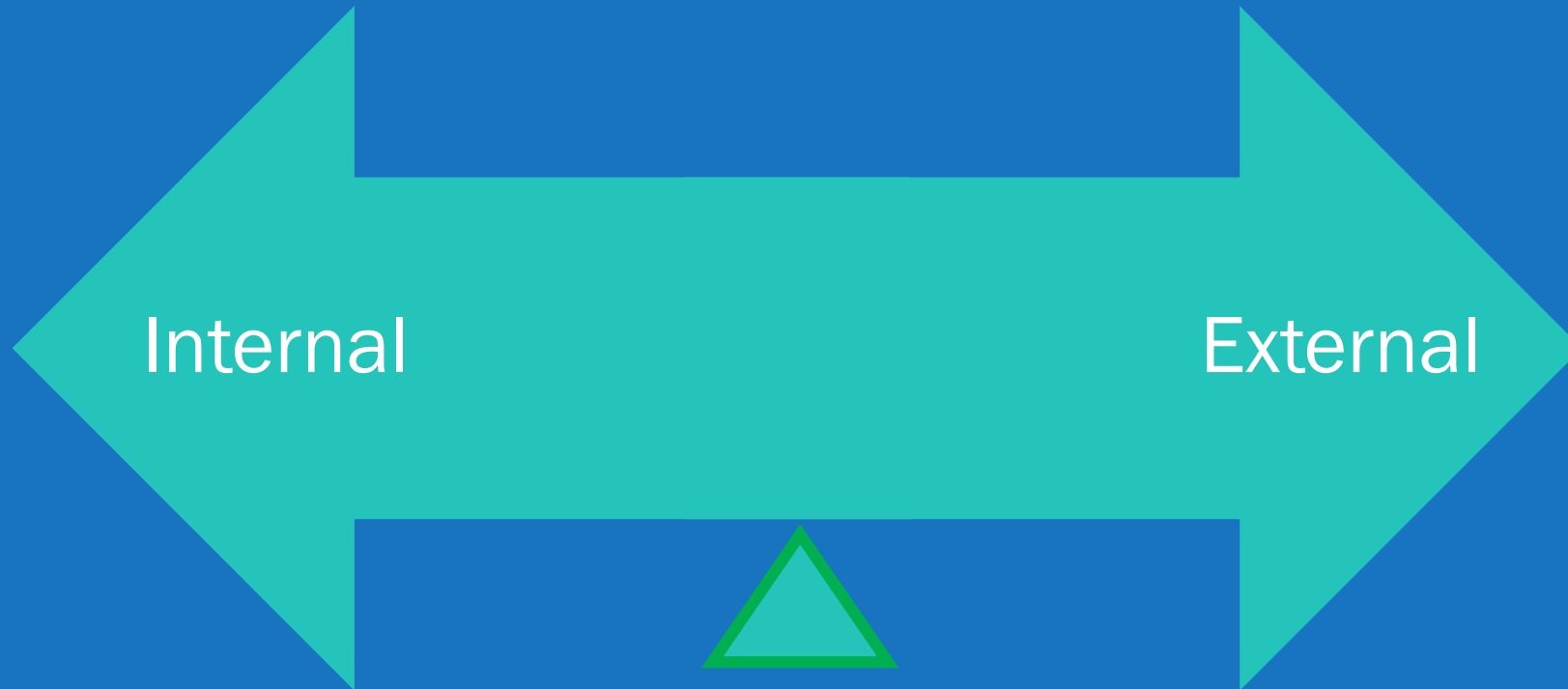
June 3, 2020 6:04am AEST



Covid-19 crisis: what landlords need to know



Locus of Control



I control my destiny

Others control my destiny

No wonder in a crisis we
can have feelings of anxiety
that we may or may not
have had in the past.



Learn, Play, Discover, Explore.

What Happens to our Body and our Brain in a Crisis?



Learn, Play, Discover, Explore.

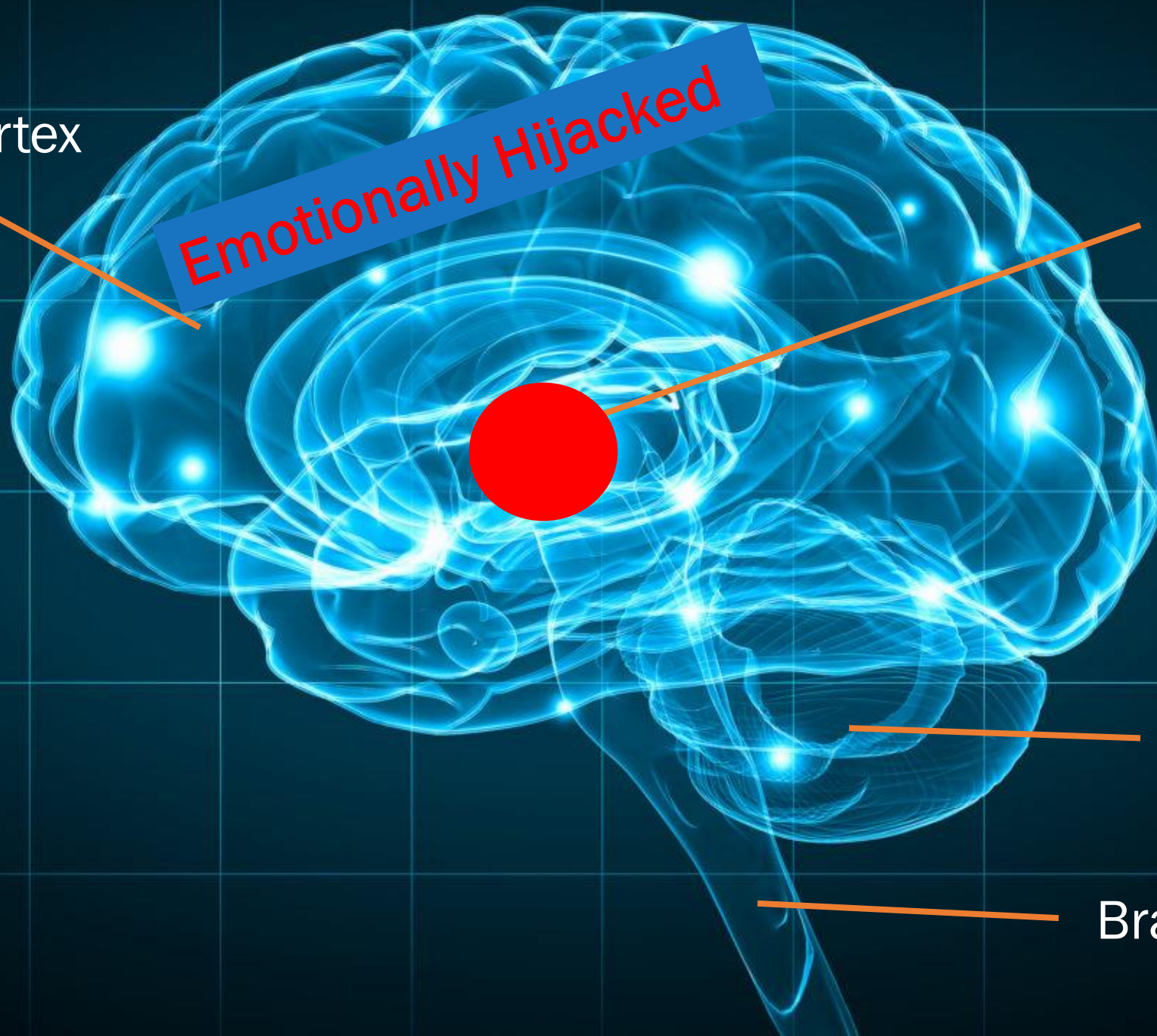
Frontal Cortex

Emotionally Hijacked

Limbic

Cerebellum

Brain Stem



- Deliberate Calm (scenarios)
- Emotional Intelligence
- Over-ride Emotions
- Discount Immediate Emotional Response







This demonstrates what a powerful impact the expectations predicted by our brains can have on our ability to clearly see what is happening around us.



Learn, Play, Discover, Explore.

Responding appropriately to crises as a leader requires training and practice, but it also requires an understanding of how humans and our brains operate, especially during times of stress.



Learn, Play, Discover, Explore.

Pre-Planning

- Operational Procedures
- Incident Management Plan (Crisis)
- Communications Plan
- Know the plan and your role in the plan
- Practice / Scenarios



During a Crisis

- Deliberate Calm
- Situational Awareness and Clarity
- Follow Incident Management Plan
 - Prioritisation
 - Implementation
 - Communications
- Empathy
- All little eyes are on the teacher
- Gut Feeling



Post Crisis

- Debrief
- Time
- Mental Health
- Support





**How do we as educators
develop these skills?**



**How are we preparing
our children for the
crises they will have to
deal with?**



Learn, Play, Discover, Explore.

PLAY



Learn, Play, Discover, Explore.

Play Provides Opportunities For:

- Failure
- Challenge
- Persistence
- New Skills
- Risky Play

YOU CAN ALSO

- Involve them in risk management
- Involve them in Scenarios – what would you do if....



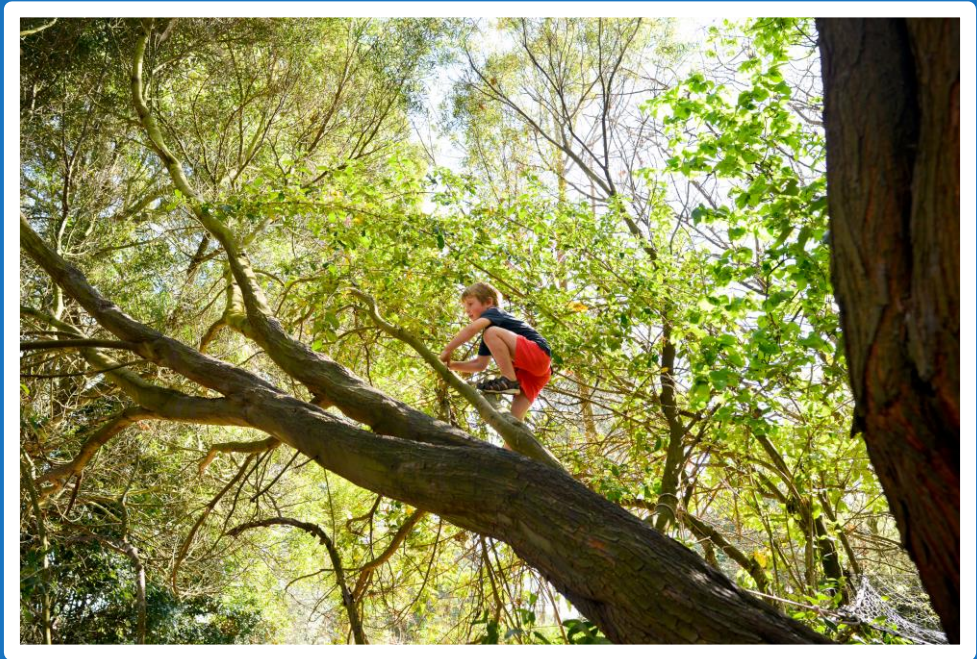
Emotional Development

- Children experience a variety of different emotions when playing
- Understand how our bodies react in different situations
- Nature helps regulate emotions



The 4 P's

- Plan
- Prepare
- Practice
- Play



EXPECT THE UNEXPECTED



THANK YOU

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